

## The Meaning of Aura Colours

If you are going to get a colour analysis, you should always seek out a trained and experienced aura imaging therapist. The colours in your aura provide you with an alternative for understanding your emotions energy processes, consciousness, and your inner self. Your colour analysis may point to potential medical problems, if this is the case you should seek trained medical help.

When you're analysing your aura colour image, you should study these eight parts of the body;

- 1) The centre is what the area around your head is called, it's what you experience now, it is normally a colour that best describes you.
- 2) The Right Side. In an aura photograph the right side is actually the left side of the person, this area represents expressed energy, or the energy that the person whose photo has been taken is radiating.
- 3) The Left Side. The energy that is entering a person is viewed in an aura photograph as the colours on the left side.
- 4) The throat, the aura color on the throat represents the energy being verbally expressed, if the energy is flowing well around this area it shows you can easily express how you feel and what you think.
- 5) The heart, the color on the heart represents the energy of your feelings to yourself and others, the heart is the centre of compassion, love, and connection with the universe.
- 6) The Solar Plexus Area. The colour of your aura around your solar plexus is associated with the central vibrations of your being, and is also the area associated with money and power, and most importantly your self-esteem.
- 7) Reproductive Area. The auric energy around this part of the body is about sociability and creativity and sensuality. If the person has a healthy and positive attitude towards love the energy in this area will be well-balanced.
- 8) The Root Area. The colour of the aura energy in this area represents material reality, and the physical plane. People who succeed or who are trying to succeed would do well to focus their energy here. The root area is also considered as the source of ego development.

Each of these eight color areas has a range of 21 different colors, ranging from ultraviolet through to infrared. These 21 different colors each has different meanings depending on the area of the body they are associated with. The color analysis forms a blueprint of how the various colors can and, in most cases, should be viewed.

For a full and comprehensive analysis of your aura color image you must consult a professional.

## About the Author

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