

How to Take Action With the Law of Attraction

When you start out working with the Law of Attraction more proactively, you may wonder whether you need to take physical action in addition to your mental and emotional exercises. The answer to this will vary according to who you ask.

There are people who claim that no action is needed; just directing the right frequency of thought and emotion toward a much wanted target is enough. Then there are those who think that action is always required, because action is the vehicle through which all desires are manifested.

In my experience, it can undoubtedly work either way. Depending on the situation, you might possibly find yourself needing to take certain measures toward your goals.

Here is an uncomplicated process to help you know for sure:

Take care of the intimate work first. Focus on getting your thoughts, emotions, beliefs and expectations centered with what you want. Don't worry about "how" it's going to happen, just focus on putting forth the right frequency of energy to attract it. You can do this by meditating, imagining, affirming, and making a vision board, and so on.

Completely let go. Once you are in alignment with your desire, turn it over to the universe. Don't worry about whether it will appear, or put yourself in a panic trying to come up with a strategy. Take a step back from it and let it ferment for a little while. The length of time is up to you, but I recommend at least a week or two.

Tune into your intuition. During this release period, turn your attention inward regularly. Tap into your intuition and find out if there is something you can do to bring this yearning into your life. You may or may not receive any insights about it. If you do feel a hunch or nudge to do something specific, by all means go for it. If not, simply pay attention for any opportunities that might appear later. Don't try to force or hurry the process along, because you'll most likely end up causing more interruptions. These things have a tendency of appearing at exactly the right time, no matter how we try to interfere!

The truth is there is no right way or wrong way to use the Law of Attraction. Surprisingly, the way it works usually seems to correlate with your beliefs.

If you believe you have to take action to attract your desires, guess what? You probably will. Likewise, if you believe that you do not necessarily have to take action, the universe will find a way to deliver your desires without a bit of additional effort on your part.

However, there are instances when you will be prompted to take action even if you originally didn't believe you'd have to do so. When this occurs, simply follow where your heart takes you. The actions you are urged to take will ALWAYS be in your best interest, and they will usually be quite enjoyable! Discover how to trust your intuition for assistance whenever you want to attract something, and you will be guided on how to get it as fast and easily as possible - whatever that may involve.

About the Author

Dick Ingersoll is an eternal student, and is excited to share what he is learning with others. He has pulled it all together for you at: [Simple Meditation](#)

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