

## The Value of Free Peer Advice

Online advice forums are becoming increasingly more popular in today's society. Why is this? It's simple really. These sites let us feel normal. They let us relate.

Maybe you just decided to quit your job, found out that you're going to have a baby, or you simply aren't seeing eye to eye with your spouse - whatever it is, with the Internet it's possible to connect with someone else who has had the same experience. They could be going through it, at the exact same time!

Even deeper in this realm, are anonymous advice sites. Below are a few points as to why peer advice is such a valuable asset.

1. Not all questions and problems are the same. Some questions can be rather embarrassing, and not having someone know who you are, let's you be free to ask what you want.

2. Secondly, a stranger isn't like your family and friends, they don't "sugar coat" their advice to you. A stranger has no personal connection with you, which offers really honest advice. What's even better is the number of people you can ask a question to, on an anonymous online forum. You can get a general consensus on what you should do by comparing posts. If most people don't agree with you, maybe you should take a hard look at your original stance.

3. Finally, strangers offer something you cannot get even with the strongest bonds shared between friends and family. Strangers can even protect the bonds you have with your loved ones. Loved ones can often be spared the pain difficult questions can create, had you had another outlet to go to. Sites offering anonymous advice can be used as "testing grounds" for the arguments you may have with your loved ones. Are you in the right, according to strangers? Maybe strangers think you're blowing the situation you're in out of proportion? Checking with other people before a confrontation allows for a more balanced view of the situation.

These online forums are great! Remember though, advice sites should not be seen as a replacement for therapy. Serious medical conditions should be treated as such.

For free advice on any number of topics be sure to check out the sticky sitch website at [www.stickysitch.com](http://www.stickysitch.com).

## About the Author

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