

Bodybuilders Discovering IGF

IGF is responsible for cell growth and differentiation in many different cell types. IGF stimulates the Type I IGF receptor and thus induces a higher level of activation of intracellular signaling molecules which are responsible for promoting cell survival by inhibition of apoptosis.

If you are already scratching your head don't worry as this is just some technical jargon for the increasing the presence of cells that will proceed to split and finally form new cells. At the same time though other cells will be saved from reaching cell apoptosis which is commonly known as cell death.

Skeletal muscle tissue increases from IGF are due to increases in satellite cell activity, differentiation, and increased protein synthesis. IGF is also believed to suppress the myostatin gene, which regulates ultimate cell growth, as well as by suppressing cortisol levels.

IGF causes hyperplasia, or new cell growth. While the product is far more anabolic than growth hormone, it is still recommended to use an androgen with the peptide to create more growth in the newly created cells. Most users report a noticeable increase in appetite right away.

The easiest way to explain this is that the peptide version will burn carbs a lot faster which will then have to be replaced cause they really are protein sparing. During the first week's cycle intense pumps are felt and lipolysis will kick in at the end of the cycle, but usually by lean mass increases that generate an increased thermogenic effect.

Most users gain an average of 4-7 pounds of lean mass during their first cycle of IGF. If you need to discover more advice regarding anabolic steroid cycles, then you should click on the link to the steroid-encyclopaedia website, which is found at the foot of this page.

About the Author

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